

**Spoilt**  
at smiths

...salon with day spa ethos

## The Experience...

Welcome to Spoilt... Salon with day spa ethos. We strive to provide both a quality service and innovative treatments to our clients. Here at Spoilt we pride ourselves on achieving an environment conducive with relaxation; somewhere you can forget your troubles and spend time on you. When you are looking for a unique and unforgettable experience come to Spoilt.

## Products we use...

Since opening Spoilt in 2006 it has been my mission to provide clients with both immediate and progressive visible results. Our products perfectly reflect our ethos and integrity...

**[ comfort zone ]** provides the ultimate spa ritual experience with their complete range of spa rituals and homecare products, **BARE ESSENTIALS** is makeup so pure you can sleep in it and **O·P·I** are world leaders in professional nail care. With a great passion for beauty, hand in hand with our own experience, all three product houses ensure that you will leave feeling completely 'spoilt'.

We promise to take good care of you...

Sharon Besombes  
Spoilt Manager

## Face Treatments

### Rebalance

#### **Hydrmemory - 24hr deep hydrating treatment - 60mins £45.00**

A deeply hydrating treatment to improve moisture levels in the skin. Hibiscus and honey work to retain moisture in the skin whilst the special ingredient trehalose taken from a desert plant works to increase the moisture and leave the skin feeling like silk.

#### **Recover Touch - anti oxidant vitamin treatment - 60mins £45.00**

Anti-oxidant vitamin treatment which works to neutralise free radicals which can destroy the skins natural collagen and elastin. Nourishing cloudberry and canola oil revive a dull, tired complexion.

### Purify

#### **Active Pureness regenerating - 60mins £55.00**

Balances and treats problem and impure skin, using fruit acids to gently exfoliate surface cells and extracts of sage balm, mint and orange fruit water to deeply cleanse. Your skin will feel fresh, calmed and restored.

### Lighten and Whiten

#### **Absolute Pearl - treatment for dull skins or pigmentation prone skin - 60mins £45.00**

This facial treatment is excellent for treating uneven colour or dark spot areas while improving skin luminosity. The anti-oxidant effect creates an immediate brightness and used in conjunction with a specific homecare routine will reduce pigmentation spots. The treatment uses brightening extracts of lemon and white willow bark.

## **Renew and Nourish** **Glorious Skin - intensive lifting and smoothing treatment - 75mins £60.00**

This treatment gives an immediate lifting, plumping and tensing effect. Working on the muscle contractions that naturally cause the skin to sag and facial muscles to drop. Incorporates the ingredient hexapeptide which works as a muscle inhibitor.

## **Chrono Reverser - advanced anti-oxidant and exfoliation treatment - 45mins £45.00**

This treatment offers exceptional results by delicately and effectively renewing the skin due to an innovative synergy of fruit acids and vitamin C, and a selected new-generation of active ingredients. It effectively improves the appearance of lines and wrinkles, pigmentation and superficial acne scars, leaving your skin with a new and exceptional texture.

**Add a little extra to your facial and increase the treatment time by 15mins:**

### **Eye Supreme Treatment - £15.00**

Anti-ageing eye zone treatment to restore moisture and nourishment to the delicate eye area reduces puffiness and dark circles whilst eliminating dehydration lines.

### **Collagen Mask - £15.00**

### **man space**

hydra/pure/anti-age performance facial - prescriptive treatment for men - **60mins £50.00**

A facial treatment designed to suit your skin type. Skin is exfoliated and massaged for a fresh, bright and renewed complexion.

Take time to escape...  
Your skin will thank you!

## Body Treatments

### Comfort Touch Massage with LUX Candle

Melt away and indulge the senses with the comfort touch Lux candle massage.

Nourishing shea butter, coconut and sweet almond oil infused with essential oils are melted and drizzled over the skin. Treatment is completed with a rebalancing, soothing massage.

**Full Body - 60mins £55.00**

**Back, Neck and Shoulders - 30mins £35.00**

### Shirodhara - 30mins £45.00 / 1hour £75.00

A.K.A Raindrop Therapy where a stream of warm oil will be gently poured onto your third eye to revive your senses and leave you feeling tranquil.

### Sports Massage - 30mins £40.00 / 60mins £60.00

A speciality treatment that focuses on achieving maximum physical results. This is tailored to concentrate on the muscles relevant to your particular sport or activity, and is more “deep tissue” work.

### Aromatherapy Massage

**45mins £45.00 / 90mins £90.00**

Pure essential oils have therapeutic effects that help fortify the function of internal organs, boost the body's defence system and improve circulation. Calms the racing mind. A customized blend of pure essential oils totally rejuvenates your body, mind and spirit.

Bringing different techniques  
and philosophies from around  
the world to you!

### **Pre-natal Massage - 30mins £35.00 / 60mins £55.00**

Concentration on the back, legs, feet and anywhere else that's tired and swollen is aided by the use of pre-natal oils and gels. Provides comfort during this exciting time of change!

**\*cannot be given in the first trimester.**

### **Couples Massage Lesson - 60mins £60.00**

Learn some professional massage techniques and each receive a 30min massage. You'll get hands on training on each other. Perfect for the "newly wed" couple!

### **Fruity Peel Full Body Exfoliation - 45mins £30.00**

Skin is massaged with a refreshing fruity mix of papaya, peach, kiwi and apricot extracts. Jojoba beads and fruit acids ensure a silky soft skin.

### **Fake Bake Spray Tan - 30mins £20.00**

## **Body Wrap's**

### **Tranquillity Ritual Treatment - 90mins £75.00**

Aromatic well-being ritual for face and body. The precious combination of a delicate texture, aromaticological olfactive notes and the power of human touch, renders this a unique experience to deeply relax body and mind.

### **Monticelli Mud - 60mins £60.00**

Conditioning mud treatment. Enriched with Monticelli thermal mud taken from the mineral rich river banks of Monticelli Italy. Detoxifying and draining action due to the active ingredients in the soft Monticelli thermal mud, enriched with mineral salt thermal waters from Terme di Monticelli. Healing and restorative benefits.

## Hand and Foot Rituals

**Spa Manicure** - 30mins £22.00

**Spa Pedicure** - 60mins £35.00

**Mini Pedicure** - 30mins £18.00

**File and Polish** - 20mins £15.00

**French Polish add an extra £5.00**

## “Funky Feet” Fish Pedicure

**10mins £10.00 / 15mins £15.00 / 20mins £20.00**

This is an amazing treatment for dry hard skin, Eczema and Psoriasis, the fish's saliva contains an enzyme called Diathanol, which improves the skin's regeneration process.

## Eye Care

If it is your first time having a tint with us, skin patch testing is required 24 hours prior to treatment.

**Eyebrow Tint** - 10mins £7.00

Lasts up to 2 weeks.

**Eyelash Tint** - 20mins £13.00

Lasts 4-6 weeks.

**Lash and Brow Tint** - 20mins £18.00

**Eyelash Perming** - 60mins £35.00

Lasts 3-4 months.

It originated in Asia, perfect for short lashes.

**Eyelash extensions**

**Strip Lashes £6.00 / Individual Lashes from £20.00**

## Professional Waxing

We use the highest quality wax to effectively remove unwanted hair. Re-growth becomes weaker and slower each time.

<b>Half leg</b>	<b>£14.00</b>	<b>Underarm</b>	<b>£8.00</b>
<b>Three quarter leg</b>	<b>£18.00</b>	<b>Forearm</b>	<b>£13.00</b>
<b>Full leg</b>	<b>£27.00</b>	<b>Eyebrows</b>	<b>£8.00</b>
<b>Full leg and bikini</b>	<b>from £33.00</b>	<b>Upper lip</b>	<b>£7.00</b>
<b>Bikini line</b>	<b>from £8.00</b>	<b>Upper lip/chin</b>	<b>£10.00</b>
<b>Bikini line and upper thigh</b>	<b>from £15.00</b>	<b>Face</b>	<b>£11.00</b>
<b>Brazillian</b>	<b>£20.00</b>	<b>Back</b>	<b>from £25.00</b>
<b>Hollywood</b>	<b>£25.00</b>	<b>Chest</b>	<b>from £25.00</b>

## Electrolysis

'Painful' electrolysis is a thing of the past. This advanced and gentle technique is effective in permanently removing unwanted hair from the face and body. Consultation is free.

**10mins £15.00** Minimum charge

**15mins £20.00**

**20mins £25.00**

**30mins £30.00**

## Hopi Ear Candling - 30mins £25.00

Alleviate pain and hearing difficulties with this century old holistic treatment. Removes toxins and wax build up. Relieving pressure often associated with ear infections and sinus problems.

## Bride and Groom to be...

On your special day you want to feel and look your best. Let us take the stress out of your day...

### 'Wedding Belle' - 3 hours 30mins £191.00

1 Hour LUX Canlde massage, Absolute Pearl facial, Spa Manicure, Hair and Make-up on the day. Trial hair and make-up can be added for an additional charge.

### 'Grooming the Groom' - 2 Hours £112.00

30min Sports Massage, Man **Space** Facial, Spa Man-icure.

### Couples Massage Lesson - 60mins £60.00

Learn some professional massage techniques and each receive a 30min massage. You'll get hands on training on each other. Perfect for the "newly wed" couple!

## Hair...

**Put up - from £35.00**

**Blow dry - from £25.00**

**Fake Bake Spray Tan - 30mins £20.00**

**Spa Manicure with French Polish  
45mins £27.00**

**Mini Pedicure - £18.00**  
add **£5.00** for French polish

**Make-up - 30mins £29.00**

**Trial Make-up - 30mins £29.00**

**Add False lashes for the extra "wow" factor!  
Strip £6.00 / Individual from £20.00**

## Hair...

**Put up** - from £35.00

**Blow dry** - from £25.00

**Trial Hair** - from £25.00

**Cut and Blow Dry** - from £30.00

**Gent's Trim** - from £12.00

We have an additional charge for clipping in your hair extensions **from £5.00**

A sigh is the sound of stress  
leaving the body...

## Packages...

**Tiare** - 1hour 30mins **£57.00**

Spa Pedicure and Spa Manicure

**Monticelli** - 2 hours **£105.00**

Monticelli mud wrap and Absolute Pearl facial,

**Hibiscus** - 3 hours 30mins **£138.00**

Fruity Peel full body exfoliation, Hydramemory facial,  
Spa Manicure and Spa Pedicure  
Included is a glass of Champagne with Hibiscus

...Take a journey with us  
First we make the  
world revolve around you...  
Then we gently slow it down...

## Hours of operation

Monday	9am - 7pm
Tuesday	9am - 7pm
Wednesday	9am - 7pm
Thursday	9am - 7pm
Friday	9am - 5pm
Saturday	9am - 4pm
Sunday	Closed

O·P·I [ **comfort zone** ]



*Fish Pedicure*

BARE ESSENTUALS

## Bookings and enquiries

Please email Sharon our Spoilt Manager on  
**sharon.besombes@smithsgretnagreen.com**

Tel: **01461 336002** Web: [www.smithsgretnagreen.com](http://www.smithsgretnagreen.com)

Credit card details are required at time of booking

## Cancellation policy...

Please, appreciate our time is very precious, the more time we have, the more time we can dedicate to your treatment. Credit card details are required at time of booking to secure your appointment. Therefore we require 48 hours notice for cancellations, should you not comply with these requirements a full price charge will apply. Non-arrivals will incur the full treatment charge.

## Note...

Spoilt reserves the right to alter prices without prior notification. All treatments are subject to availability. Gratuities are optional as they are not included in the price. Any guest under 16 years of age must be accompanied by an adult.

